

What People are Saying About Flourish

“At last! A work on the fruit of the Spirit that takes you past mere definitions to simple and yet profound application. In *Flourish*, Ava Pennington walks us through the garden of faith to examine the fruit of the Spirit. Like a master gardener, she combines the tools of Scripture, story, and application to help us cultivate the fruit by which we become more like Christ. With each chapter she helps you to recapture your sense of awe and wonder in the fruit God deeply desires us to have and to share with others. After twenty-plus years of pastoral ministry experience, I am excited to recommend this book for anyone wishing to grow and mature in the fruit of the Spirit. Pick up the book and invite in the Holy Spirit.” —**Michael Thedford, pastor of LifeQuest Church in Palm City, Florida**

“After years of serving as a pastor, I came to the uncomfortable realization that while the gifts of the Spirit were emphasized constantly, the fruit of the Spirit was woefully neglected. As both a spiritual shepherd and an individual Christ follower, I began pursuing a greater understanding and application of that fruit. The pursuit included searching for resources that helped me nurture its growth in both my life and my congregation’s. Ava Pennington’s *Flourish* is exactly that kind of resource. In her easy-to-read style, Ava brings understanding and practical application to her readers as they partner with the Holy Spirit to see abundant fruitfulness in their lives. I look forward to sharing this wonderful book with many fellow Christians in years to come.” —**Jim Reed, lead pastor of New Life Community Church in Danville, Virginia**

“I remember a time when just thinking about the fruit of the Spirit overwhelmed me. Ava Pennington’s grace-centered practices lower the branches of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. She brings the fruit within reach for those seeking to grow a deeper relationship with Christ. Having this resource years ago would have fast-tracked my intimacy with the Lord. I highly recommend *Flourish* and greatly appreciate Ava’s heart to help believers live abundantly in Christ.” —**Linda Goldfarb, speaker, author, and certified life coach**

“Ava Pennington’s work never fails to draw me in with its story, humor, and depth. She easily takes us to the deepest places where God waits for us to know Him, know more about Him, and love Him in ways we’ve yet to discover. Sitting with Ava’s work is one of life’s pleasures.” —**Eva Marie Everson, CEO of Word Weavers International and award-winning author and speaker**

“In *Flourish*, author Ava Pennington gives us an incredible gift—a road map to an abundant life. Set in a strong foundation of biblical truth, her practical tips and relatable stories provide both hope and solid help as we navigate through life. I already know this book will become dog-eared with loving use. And it’s a treasure I’ll share with others to help them along the way.” —**Edie Melson, award-winning author and director of the Blue Ridge Mountains Christian Writers Conference**

